

Curiously Crafting

Protection Amulet

Created by Audie Murray



We will be creating an amulet to use as a form of protection and/or comfort. Feel free to hang this by your bed, front entrance, window, or wherever else. In my personal practice, materials are very considered. Many of the materials I use have a rich history and are sometimes used in various contexts as a way of protecting oneself. You are encouraged to find a few objects that symbolize protection to you, that can be strung onto a thread. I will be using Howlite beads, glass seed beads, amethyst, a fishbone and horsehair. Other options are crystals, small trinkets, shells, and really anything that comes to mind!

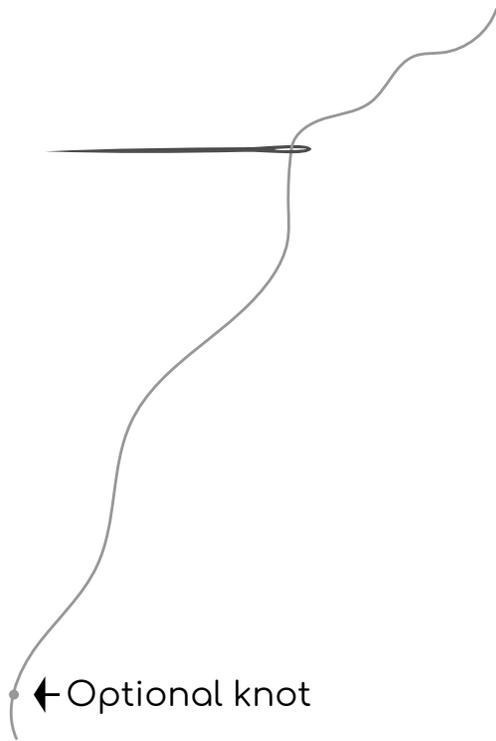
Photos courtesy of Audie Murray

Materials

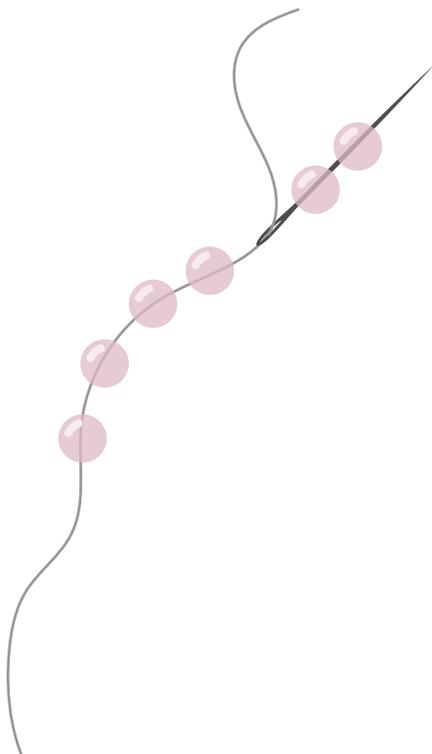


Seed beads can be of any size and colour you fancy. Here Audie is using size 13 seed beads in four different colours.

Instructions



1. Cut at least an arm's length of thread, and thread the needle. Knotting the thread is optional.

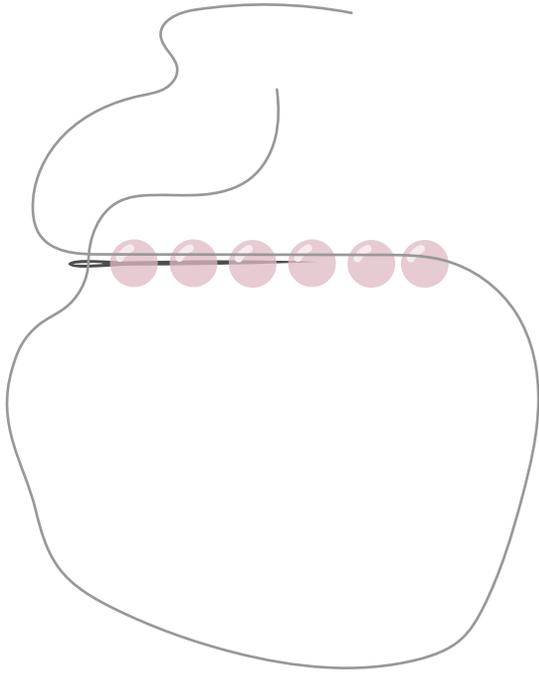


2. Add six beads to the thread, keeping them about two inches away from the end. We will be making a loop with these six beads.

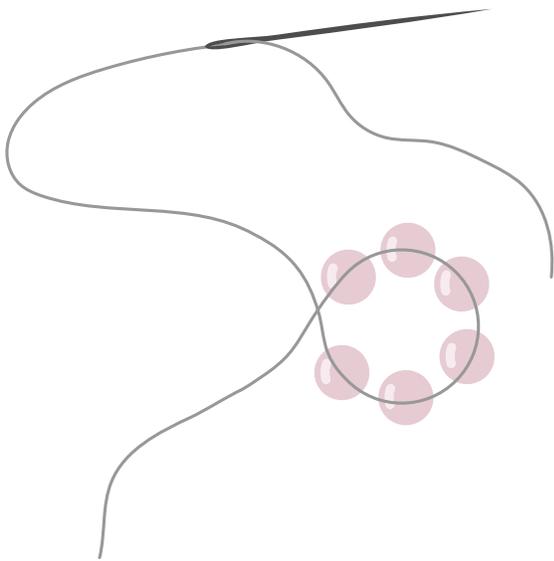


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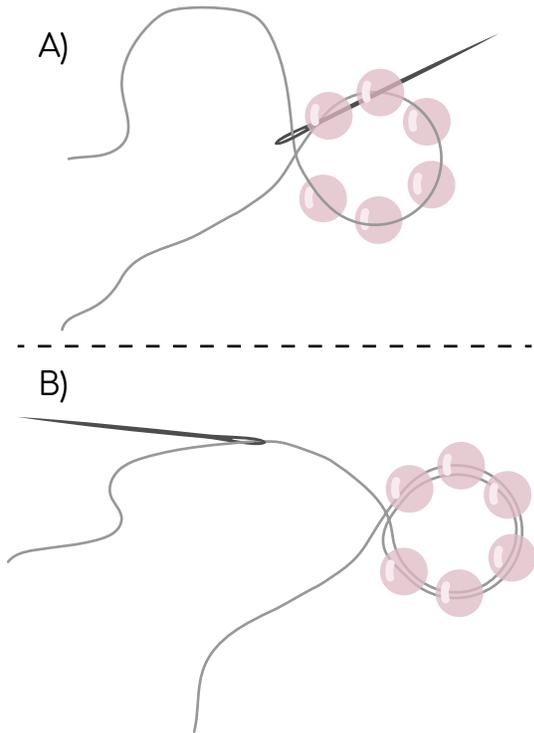
3. Circle your needle back through the six beads. The beads will now have two threads running through them.



4. When you pull the thread through completely it will create a loop.



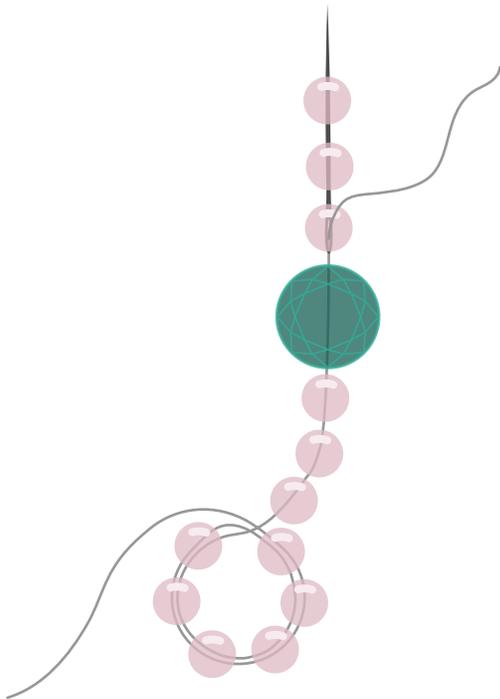
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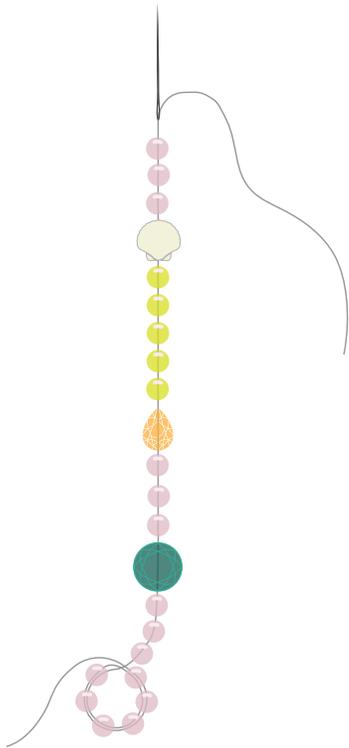
5. Pull the needle through this loop again to reinforce it.



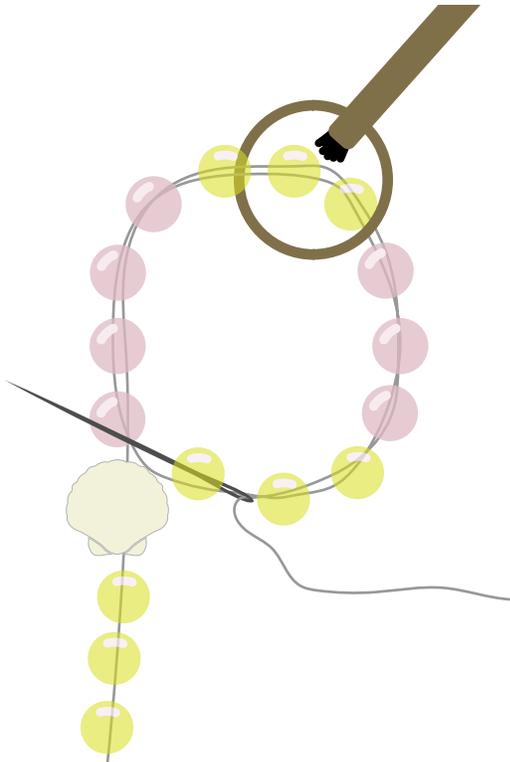
6. Begin to string on beads and charms as you'd like.



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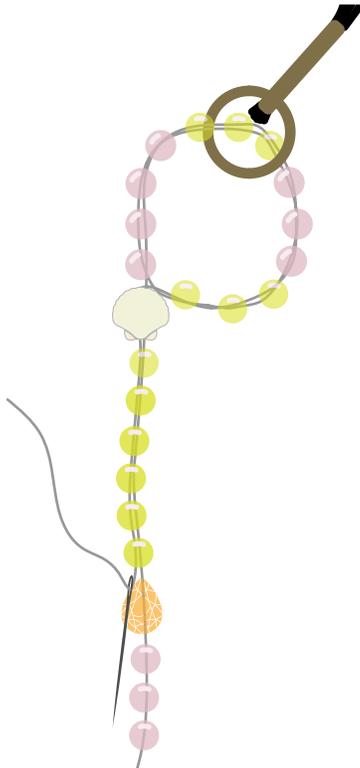
7. Continue to add on beads and charms.



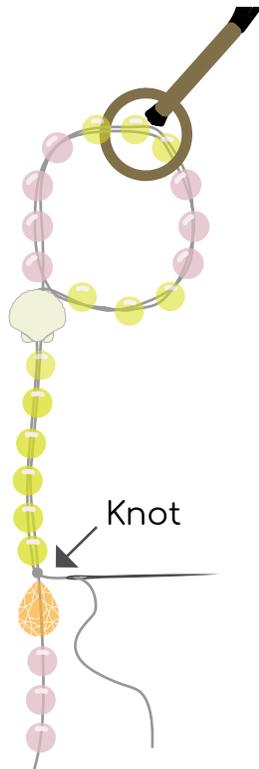
8. Once you are at the end, you will create another loop. I am creating one using thirteen beads so I can add this horsehair tassel. You can make a small loop using three beads if you would like to not include anything at the end.



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9. Pull the needle and thread back up through the beads and charms you had previously added. It does not need to reach the top, go as far as your remaining thread will allow.



10. Tie a small knot and cut any loose threads. You are done and can hang your creation wherever you'd like!



Happy crafting!