



DIY Weaving Project Using T-Shirt Yarn

Materials needed:

1. T-shirts you want to upcycle (maybe shirts that have been outgrown, stained, or lost their shape). This project uses one adult T-shirt, but if you want to use more colours for your weaving, you will need more shirts.
2. Scissors (ideally fabric scissors if you have them)
3. Cardboard (reuse old boxes, thicker is better, but cereal boxes will work too)

Time to complete: approximately 2 hours

Part 1: How to Make T-Shirt Yarn (approx. 30 min.)

Part 2: Weaving a Mini Pouch (approx.1.5 hours)

PART 1: HOW TO MAKE T- SHIRT YARN



Step 1: Lay T-shirt flat on a surface, and smooth out any creases. Cut across the t-shirt between arm holes so you end up with a tube of fabric. Set aside the top part of the T-shirt for another use.



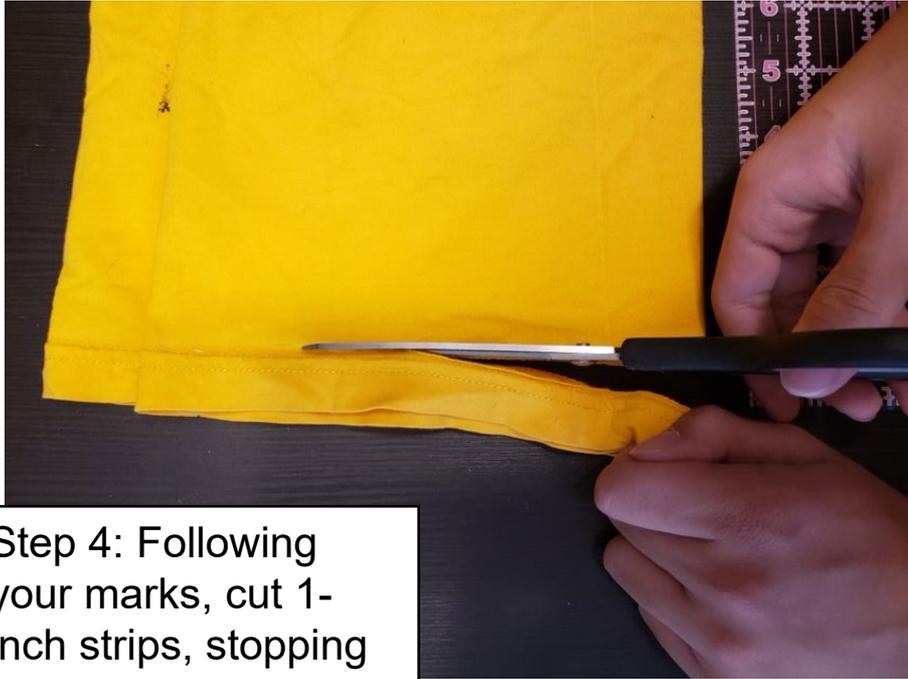


1.5 inches from the edge

Step 2: Fold one side over, leaving about 1.5 inches from the edge



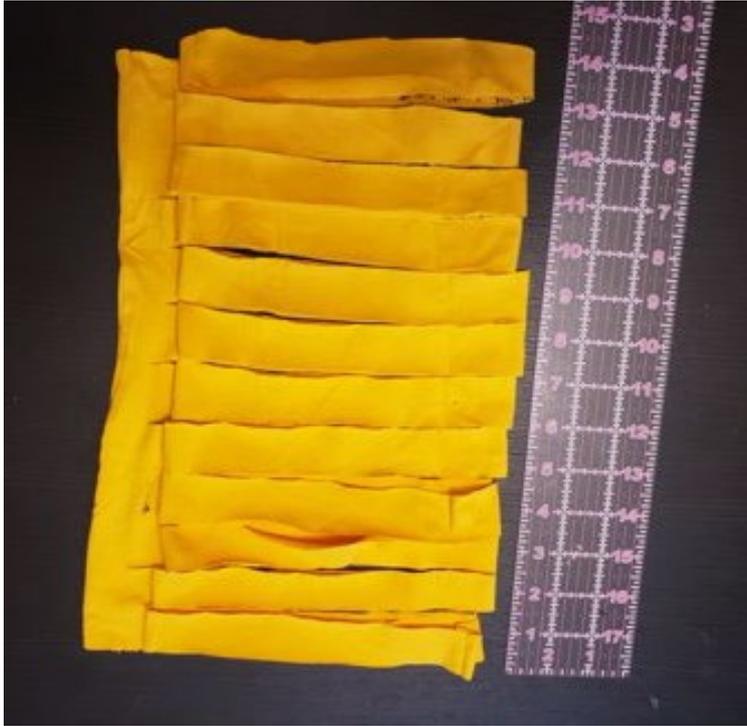
Step 3: Mark 1-inch intervals along the folded side with a pencil and ruler (You can also just estimate; you don't need to be too precise!)



Step 4: Following your marks, cut 1-inch strips, stopping when you get to the 1.5-inch allowance from the edge.



STOP HERE!
1.5 inches from
the edge



Step 5: Keep cutting 1-inch strips until you've cut across the length of the whole tube.



When you unfold the fabric, it will look like this



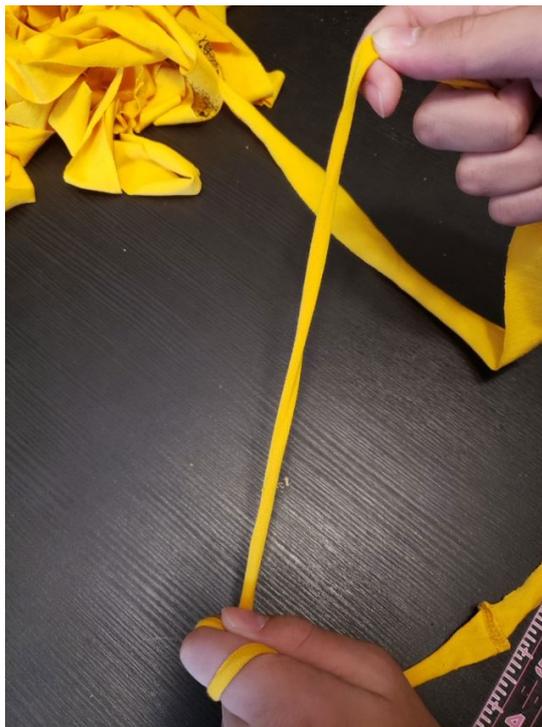
Step 6: Open up the part along the uncut 1.5-inch edge **A** and lay it out flat. Cut across this area diagonally to extend the cuts you've already made so that you end up with one loose strip **B**.



Step 7: Keep cutting **DIAGONALLY**. Imagine making a spiral. If in doubt, look at how the strips become one long strip as you cut on the diagonal.



You will end up with T-Shirt spaghetti.



Step 8: Stretch out the yarn by running your hands through it a few times. You can start rolling it up into a ball as you continue to stretch.



Once you have your ball of T-shirt yarn, you can use it for weaving, braiding, crocheting, macramé and more!